



## Integration: South HS Breakfast - January 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Jan 1, 2024	Jan 2, 2024	Jan 3, 2024	Jan 4, 2024	Jan 5, 2024	Jan 6, 2024
	Closed	<ul style="list-style-type: none"> <li>• WGR Cereal</li> <li>• Whole Grain Bread</li> <li>• Bananas (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• WGR Cereal</li> <li>• WGR Blueberry Mini Loaf</li> <li>• Pears (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• WGR Cereal</li> <li>• WGR Corn Loaf</li> <li>• Pears (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Assorted Yogurt</li> <li>• WGR Granola Bar, Asstd</li> <li>• Pears (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	Closed
Jan 7, 2024	Jan 8, 2024	Jan 9, 2024	Jan 10, 2024	Jan 11, 2024	Jan 12, 2024	Jan 13, 2024
Closed	<ul style="list-style-type: none"> <li>• WGR Cereal</li> <li>• WGR Corn Loaf</li> <li>• Pears (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• WGR Cereal</li> <li>• Assorted Yogurt</li> <li>• Whole Grain Bread</li> <li>• Bananas (2)</li> <li>• Skim Milk</li> <li>• Milk 1% low-fat</li> </ul>	<ul style="list-style-type: none"> <li>• WGR Cereal</li> <li>• Whole Grain Bread</li> <li>• Oranges (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• WGR Cereal</li> <li>• WGR Blueberry Mini Loaf</li> <li>• Pears (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• WGR Cereal</li> <li>• WGR Waffle Grahams</li> <li>• Oranges (2)</li> <li>• Skim Milk</li> <li>• Milk 1% low-fat</li> </ul>	Closed
Jan 14, 2024	Jan 15, 2024	Jan 16, 2024	Jan 17, 2024	Jan 18, 2024	Jan 19, 2024	Jan 20, 2024
Closed	Closed	<ul style="list-style-type: none"> <li>• WGR Cereal</li> <li>• Whole Grain Bread</li> <li>• Oranges (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• WGR Cereal</li> <li>• WGR Blueberry Mini Loaf</li> <li>• Pears (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• WGR Cereal</li> <li>• Whole Grain Bread</li> <li>• Bananas (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Assorted Yogurt</li> <li>• Honey Oat Granola Bar</li> <li>• Pears (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	Closed
Jan 21, 2024	Jan 22, 2024	Jan 23, 2024	Jan 24, 2024	Jan 25, 2024	Jan 26, 2024	Jan 27, 2024
Closed	<ul style="list-style-type: none"> <li>• WGR Cereal</li> <li>• WGR Blueberry Mini Loaf</li> <li>• Pears (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• WGR Cereal</li> <li>• Assorted Yogurt</li> <li>• Whole Grain Bread</li> <li>• Bananas (2)</li> <li>• Skim Milk</li> <li>• Milk 1% low-fat</li> </ul>	<ul style="list-style-type: none"> <li>• WGR Cereal</li> <li>• Whole Grain Bread</li> <li>• Oranges (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• WGR Cereal</li> <li>• WGR Corn Loaf</li> <li>• Pears (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• WGR Cereal</li> <li>• WGR Waffle Grahams</li> <li>• Oranges (2)</li> <li>• Skim Milk</li> <li>• Milk 1% low-fat</li> </ul>	Closed
Jan 28, 2024	Jan 29, 2024	Jan 30, 2024	Jan 31, 2024			
Closed	<ul style="list-style-type: none"> <li>• WGR Cereal</li> <li>• Assorted Yogurt</li> <li>• Whole Grain Bread</li> <li>• Bananas (2)</li> <li>• Skim Milk</li> <li>• Milk 1% low-fat</li> </ul>	<ul style="list-style-type: none"> <li>• WGR Cereal</li> <li>• Whole Grain Bread</li> <li>• Bananas (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• WGR Cereal</li> <li>• WGR Blueberry Mini Loaf</li> <li>• Pears (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>			

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# Integration: South HS Lunch - January 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Jan 1, 2024	Jan 2, 2024	Jan 3, 2024	Jan 4, 2024	Jan 5, 2024	Jan 6, 2024
	Closed	<ul style="list-style-type: none"> <li>• Hamburger on a WGR Bun:</li> <li>• Cheese Slice</li> <li>• Potato Wedge</li> <li>• Mixed Vegetables</li> <li>• Oranges (2)</li> <li>• Skim Milk</li> <li>• Milk 1% low-fat</li> </ul>	<ul style="list-style-type: none"> <li>• Turkey</li> <li>• Whole Grain Bread (2)</li> <li>• Broccoli</li> <li>• WGR Cheez-it Crackers</li> <li>• Bananas (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Whole Grain Chicken Fingers</li> <li>• Sweet Potato Fries</li> <li>• WGR Corn Loaf</li> <li>• Fresh Plum (2)</li> <li>• 100% Assorted Fruit Juice</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• WGR Macaroni and Cheese</li> <li>• Green Beans</li> <li>• Lima Beans</li> <li>• Whole Grain Bread</li> <li>• Applesauce</li> <li>• Clementine (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	Closed
Jan 7, 2024	Jan 8, 2024	Jan 9, 2024	Jan 10, 2024	Jan 11, 2024	Jan 12, 2024	Jan 13, 2024
Closed	<ul style="list-style-type: none"> <li>• Roasted Chicken Thigh</li> <li>• WGR Pasta w/Olive Oil</li> <li>• Green Beans</li> <li>• Pears (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• WGR Spaghetti and Meatballs</li> <li>• Broccoli</li> <li>• Whole Grain Bread</li> <li>• Clementine (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Turkey Ham</li> <li>• Whole Grain Bread (2)</li> <li>• Cheese Slice</li> <li>• Green Beans</li> <li>• Wheat Thins</li> <li>• Bananas (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Burger W/ WGR Bun:</li> <li>• Cheese Slice</li> <li>• Tater Tots</li> <li>• Diced Carrots</li> <li>• Fresh Apple</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• WW Cheese Pizza</li> <li>• Broccoli</li> <li>• Diced Carrots</li> <li>• Banana</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	Closed
Jan 14, 2024	Jan 15, 2024	Jan 16, 2024	Jan 17, 2024	Jan 18, 2024	Jan 19, 2024	Jan 20, 2024
Closed	Closed	<ul style="list-style-type: none"> <li>• Jamaican Beef Patty</li> <li>• Brown Rice and Beans</li> <li>• Corn</li> <li>• Sweet Plantain</li> <li>• Whole Grain Bread</li> <li>• Clementine (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Turkey</li> <li>• Whole Grain Bread (2)</li> <li>• Broccoli</li> <li>• WGR Cheez-it Crackers</li> <li>• Fresh Apple</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Beef Empanada</li> <li>• Brown Rice and Beans</li> <li>• Oriental Blend Vegetables</li> <li>• Whole Grain Bread</li> <li>• Fresh Apple</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• WW Cheese Pizza</li> <li>• Broccoli</li> <li>• Three Bean Salad</li> <li>• Orange</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	Closed
Jan 21, 2024	Jan 22, 2024	Jan 23, 2024	Jan 24, 2024	Jan 25, 2024	Jan 26, 2024	Jan 27, 2024
Closed	<ul style="list-style-type: none"> <li>• Roasted Chicken Thigh</li> <li>• WGR Pasta w/Olive Oil</li> <li>• Baby Carrots</li> <li>• Sweet Potato Fries</li> <li>• Pears (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Salisbury Steak</li> <li>• Mashed Potatoes</li> <li>• Collard Greens</li> <li>• Whole Grain Bread (2)</li> <li>• Oranges (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Turkey Ham</li> <li>• Whole Grain Bread (2)</li> <li>• Cheese Slice</li> <li>• Green Beans</li> <li>• Wheat Thins</li> <li>• Clementine (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Beef Hot Dog</li> <li>• Mixed Vegetables</li> <li>• Potato Nuggets</li> <li>• WGR Hot Dog Bun</li> <li>• WGR Pasta Salad</li> <li>• Apple</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Oven Fried Chicken</li> <li>• Brown Rice and Beans</li> <li>• Sweet Potato</li> <li>• Pear</li> <li>• Whole Grain Bread</li> <li>• Skim Milk</li> <li>• Milk 1% low-fat</li> </ul>	Closed
Jan 28, 2024	Jan 29, 2024	Jan 30, 2024	Jan 31, 2024			
Closed	<ul style="list-style-type: none"> <li>• Whole Grain Chicken Fingers</li> <li>• Sweet Potato Fries</li> <li>• WGR Corn Loaf</li> <li>• Fresh Plum (2)</li> <li>• Mixed Fruit In 100% Natural Juice</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Hamburger on a WGR Bun:</li> <li>• Cheese Slice</li> <li>• Potato Wedge</li> <li>• Mixed Vegetables</li> <li>• Oranges (2)</li> <li>• Skim Milk</li> <li>• Milk 1% low-fat</li> </ul>	<ul style="list-style-type: none"> <li>• Turkey</li> <li>• Whole Grain Bread (2)</li> <li>• Broccoli</li> <li>• WGR Cheez-it Crackers</li> <li>• Bananas (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>			

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Jan 1, 2024	Jan 2, 2024	Jan 3, 2024	Jan 4, 2024	Jan 5, 2024	Jan 6, 2024
	Closed	<ul style="list-style-type: none"> <li>• WGR Cereal</li> <li>• Whole Grain Bread</li> <li>• Bananas (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• WGR Cereal</li> <li>• WGR Blueberry Mini Loaf</li> <li>• Pears (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• WGR Cereal</li> <li>• WGR Corn Loaf</li> <li>• Pears (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Assorted Yogurt</li> <li>• WGR Granola Bar, Asstd</li> <li>• Pears (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	Closed
Jan 7, 2024	Jan 8, 2024	Jan 9, 2024	Jan 10, 2024	Jan 11, 2024	Jan 12, 2024	Jan 13, 2024
Closed	<ul style="list-style-type: none"> <li>• WGR Cereal</li> <li>• WGR Corn Loaf</li> <li>• Pears (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• WGR Cereal</li> <li>• Assorted Yogurt</li> <li>• Whole Grain Bread</li> <li>• Bananas (2)</li> <li>• Skim Milk</li> <li>• Milk 1% low-fat</li> </ul>	<ul style="list-style-type: none"> <li>• WGR Cereal</li> <li>• Whole Grain Bread</li> <li>• Oranges (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• WGR Cereal</li> <li>• WGR Blueberry Mini Loaf</li> <li>• Pears (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• WGR Cereal</li> <li>• WGR Waffle Grahams</li> <li>• Oranges (2)</li> <li>• Skim Milk</li> <li>• Milk 1% low-fat</li> </ul>	Closed
Jan 14, 2024	Jan 15, 2024	Jan 16, 2024	Jan 17, 2024	Jan 18, 2024	Jan 19, 2024	Jan 20, 2024
Closed	Closed	<ul style="list-style-type: none"> <li>• WGR Cereal</li> <li>• Whole Grain Bread</li> <li>• Oranges (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• WGR Cereal</li> <li>• WGR Blueberry Mini Loaf</li> <li>• Pears (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• WGR Cereal</li> <li>• Whole Grain Bread</li> <li>• Bananas (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Assorted Yogurt</li> <li>• Honey Oat Granola Bar</li> <li>• Pears (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	Closed
Jan 21, 2024	Jan 22, 2024	Jan 23, 2024	Jan 24, 2024	Jan 25, 2024	Jan 26, 2024	Jan 27, 2024
Closed	<ul style="list-style-type: none"> <li>• WGR Cereal</li> <li>• WGR Blueberry Mini Loaf</li> <li>• Pears (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• WGR Cereal</li> <li>• Assorted Yogurt</li> <li>• Whole Grain Bread</li> <li>• Bananas (2)</li> <li>• Skim Milk</li> <li>• Milk 1% low-fat</li> </ul>	<ul style="list-style-type: none"> <li>• WGR Cereal</li> <li>• Whole Grain Bread</li> <li>• Oranges (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• WGR Cereal</li> <li>• WGR Corn Loaf</li> <li>• Pears (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• WGR Cereal</li> <li>• WGR Waffle Grahams</li> <li>• Oranges (2)</li> <li>• Skim Milk</li> <li>• Milk 1% low-fat</li> </ul>	Closed
Jan 28, 2024	Jan 29, 2024	Jan 30, 2024	Jan 31, 2024			
Closed	<ul style="list-style-type: none"> <li>• WGR Cereal</li> <li>• Assorted Yogurt</li> <li>• Whole Grain Bread</li> <li>• Bananas (2)</li> <li>• Skim Milk</li> <li>• Milk 1% low-fat</li> </ul>	<ul style="list-style-type: none"> <li>• WGR Cereal</li> <li>• Whole Grain Bread</li> <li>• Bananas (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• WGR Cereal</li> <li>• WGR Blueberry Mini Loaf</li> <li>• Pears (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>			

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## Integration: South MS Lunch - January 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Jan 1, 2024	Jan 2, 2024	Jan 3, 2024	Jan 4, 2024	Jan 5, 2024	Jan 6, 2024
	Closed	<ul style="list-style-type: none"> <li>• Hamburger on a WGR Bun:</li> <li>• Cheese Slice</li> <li>• Potato Wedge</li> <li>• Mixed Vegetables</li> <li>• Orange</li> <li>• Skim Milk</li> <li>• Milk 1% low-fat</li> </ul>	<ul style="list-style-type: none"> <li>• Turkey</li> <li>• Whole Grain Bread (2)</li> <li>• Broccoli</li> <li>• WGR Cheez-it Crackers</li> <li>• Bananas (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Whole Grain Chicken Fingers</li> <li>• Sweet Potato Fries</li> <li>• WGR Corn Loaf</li> <li>• Fresh Plum</li> <li>• Skim Milk</li> <li>• Milk 1% low-fat</li> </ul>	<ul style="list-style-type: none"> <li>• WGR Macaroni and Cheese</li> <li>• Green Beans</li> <li>• Whole Grain Bread</li> <li>• Clementine (2)</li> <li>• Skim Milk</li> <li>• Milk 1% low-fat</li> </ul>	Closed
Jan 7, 2024	Jan 8, 2024	Jan 9, 2024	Jan 10, 2024	Jan 11, 2024	Jan 12, 2024	Jan 13, 2024
Closed	<ul style="list-style-type: none"> <li>• Roasted Chicken Thigh</li> <li>• Whole Grain Pasta</li> <li>• Green Beans</li> <li>• Pear</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• WGR Spaghetti and Meatballs</li> <li>• Broccoli</li> <li>• Whole Grain Bread</li> <li>• Clementine (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Turkey Ham</li> <li>• Whole Grain Bread (2)</li> <li>• Cheese Slice</li> <li>• Green Beans</li> <li>• Wheat Thins</li> <li>• Bananas (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Burger W/ WGR Bun:</li> <li>• Cheese Slice</li> <li>• Tater Tots</li> <li>• Fresh Apple</li> <li>• Skim Milk</li> <li>• Milk 1% low-fat</li> </ul>	<ul style="list-style-type: none"> <li>• WW Cheese Pizza</li> <li>• Broccoli</li> <li>• Banana</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	Closed
Jan 14, 2024	Jan 15, 2024	Jan 16, 2024	Jan 17, 2024	Jan 18, 2024	Jan 19, 2024	Jan 20, 2024
Closed	Closed	<ul style="list-style-type: none"> <li>• Jamaican Beef Patty</li> <li>• Green Beans</li> <li>• Whole Grain Bread</li> <li>• Clementine (2)</li> <li>• Skim Milk</li> <li>• Milk 1% low-fat</li> </ul>	<ul style="list-style-type: none"> <li>• Turkey</li> <li>• Whole Grain Bread (2)</li> <li>• Broccoli</li> <li>• WGR Cheez-it Crackers</li> <li>• Bananas (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Beef Empanada</li> <li>• Brown Rice and Beans</li> <li>• Oriental Blend Vegetables</li> <li>• Apple</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• WW Cheese Pizza</li> <li>• Broccoli</li> <li>• Orange</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	Closed
Jan 21, 2024	Jan 22, 2024	Jan 23, 2024	Jan 24, 2024	Jan 25, 2024	Jan 26, 2024	Jan 27, 2024
Closed	<ul style="list-style-type: none"> <li>• Roasted Chicken Thigh</li> <li>• WGR Pasta w/Olive Oil</li> <li>• Baby Carrots</li> <li>• Pear</li> <li>• Whole Grain Bread</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Salisbury Steak</li> <li>• Mashed Potatoes</li> <li>• Collard Greens</li> <li>• Whole Grain Bread</li> <li>• Orange</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Turkey Ham</li> <li>• Whole Grain Bread (2)</li> <li>• Cheese Slice</li> <li>• Green Beans</li> <li>• Wheat Thins</li> <li>• Bananas (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Beef Hot Dog</li> <li>• Mixed Vegetables</li> <li>• Potato Nuggets</li> <li>• WGR Hot Dog Bun</li> <li>• Apple</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Oven Fried Chicken</li> <li>• Brown Rice and Beans</li> <li>• Sweet Potato</li> <li>• Pear</li> <li>• Whole Grain Bread</li> <li>• Skim Milk</li> <li>• Milk 1% low-fat</li> </ul>	Closed
Jan 28, 2024	Jan 29, 2024	Jan 30, 2024	Jan 31, 2024			
Closed	<ul style="list-style-type: none"> <li>• Whole Grain Chicken Fingers</li> <li>• Sweet Potato Fries</li> <li>• WGR Corn Loaf</li> <li>• Fresh Plum (2)</li> <li>• Skim Milk</li> <li>• Milk 1% low-fat</li> </ul>	<ul style="list-style-type: none"> <li>• Hamburger on a WGR Bun:</li> <li>• Cheese Slice</li> <li>• Potato Wedge</li> <li>• Mixed Vegetables</li> <li>• Orange</li> <li>• Skim Milk</li> <li>• Milk 1% low-fat</li> </ul>	<ul style="list-style-type: none"> <li>• Turkey</li> <li>• Whole Grain Bread (2)</li> <li>• Broccoli</li> <li>• WGR Cheez-it Crackers</li> <li>• Bananas (2)</li> <li>• Milk 1% low-fat</li> <li>• Skim Milk</li> </ul>			

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## Integration: South MS Snack - January 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Jan 1, 2024	Jan 2, 2024	Jan 3, 2024	Jan 4, 2024	Jan 5, 2024	Jan 6, 2024
	Closed	<ul style="list-style-type: none"> <li>• Clementine (2)</li> <li>• WGR Cheez-it Crackers</li> <li>• Mixed Fruit In 100% Natural Juice</li> </ul>	Closed	<ul style="list-style-type: none"> <li>• Banana</li> <li>• Strawberry Waffle Grahams</li> <li>• 100% Assorted Fruit Juice</li> </ul>	<ul style="list-style-type: none"> <li>• WGR Cheez-it Crackers</li> <li>• Orange</li> <li>• 100% Assorted Fruit Juice</li> </ul>	Closed
Jan 7, 2024	Jan 8, 2024	Jan 9, 2024	Jan 10, 2024	Jan 11, 2024	Jan 12, 2024	Jan 13, 2024
Closed	<ul style="list-style-type: none"> <li>• Apple</li> <li>• 100% Assorted Fruit Juice</li> <li>• Assorted Yogurt</li> </ul>	<ul style="list-style-type: none"> <li>• Mixed Fruit In 100% Natural Juice</li> <li>• String Cheese</li> <li>• Clementine (2)</li> </ul>	Closed	<ul style="list-style-type: none"> <li>• Applesauce</li> <li>• WGR Animal Crackers</li> <li>• Clementine (2)</li> </ul>	<ul style="list-style-type: none"> <li>• Fresh Plum</li> <li>• 100% Assorted Fruit Juice</li> <li>• WGR Cheez-it Crackers</li> </ul>	Closed
Jan 14, 2024	Jan 15, 2024	Jan 16, 2024	Jan 17, 2024	Jan 18, 2024	Jan 19, 2024	Jan 20, 2024
Closed	Closed	<ul style="list-style-type: none"> <li>• Clementine (2)</li> <li>• Assorted Yogurt</li> <li>• Mixed Fruit In 100% Natural Juice</li> </ul>	Closed	<ul style="list-style-type: none"> <li>• WGR Cheez-it Crackers</li> <li>• Orange</li> <li>• 100% Assorted Fruit Juice</li> </ul>	<ul style="list-style-type: none"> <li>• Banana</li> <li>• WGR Waffle Grahams</li> <li>• 100% Assorted Fruit Juice</li> </ul>	Closed
Jan 21, 2024	Jan 22, 2024	Jan 23, 2024	Jan 24, 2024	Jan 25, 2024	Jan 26, 2024	Jan 27, 2024
Closed	<ul style="list-style-type: none"> <li>• Apple</li> <li>• WGR Cheez-it Crackers</li> <li>• 100% Assorted Fruit Juice</li> </ul>	<ul style="list-style-type: none"> <li>• Mixed Fruit In 100% Natural Juice</li> <li>• String Cheese</li> <li>• 100% Assorted Fruit Juice</li> </ul>	Closed	<ul style="list-style-type: none"> <li>• Applesauce</li> <li>• WGR Animal Crackers</li> <li>• Pear</li> </ul>	<ul style="list-style-type: none"> <li>• 100% Assorted Fruit Juice</li> <li>• Assorted Yogurt</li> <li>• Clementine</li> </ul>	Closed
Jan 28, 2024	Jan 29, 2024	Jan 30, 2024	Jan 31, 2024			
Closed	<ul style="list-style-type: none"> <li>• Diced Pears in Natural Juice</li> <li>• String Cheese</li> <li>• 100% Assorted Fruit Juice</li> </ul>	<ul style="list-style-type: none"> <li>• Clementine (2)</li> <li>• WGR Cheez-it Crackers</li> <li>• Mixed Fruit In 100% Natural Juice</li> </ul>	Closed			

This institution is an equal opportunity provider.