



Integration: Teleport HS Breakfast - January 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Jan 1, 2024	Jan 2, 2024	Jan 3, 2024	Jan 4, 2024	Jan 5, 2024	Jan 6, 2024
	Closed	<ul style="list-style-type: none"> • WGR Cereal • Whole Grain Bread • Bananas (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Cereal • WGR Blueberry Mini Loaf • Pears (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Cereal • WGR Corn Loaf • Pears (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Assorted Yogurt • WGR Granola Bar, Asstd • Pears (2) • Milk 1% low-fat • Skim Milk 	Closed
Jan 7, 2024	Jan 8, 2024	Jan 9, 2024	Jan 10, 2024	Jan 11, 2024	Jan 12, 2024	Jan 13, 2024
Closed	<ul style="list-style-type: none"> • WGR Cereal • WGR Corn Loaf • Pears (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Cereal • Assorted Yogurt • Whole Grain Bread • Bananas (2) • Skim Milk • Milk 1% low-fat 	<ul style="list-style-type: none"> • WGR Cereal • Whole Grain Bread • Oranges (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Cereal • WGR Blueberry Mini Loaf • Pears (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Cereal • WGR Waffle Grahams • Oranges (2) • Skim Milk • Milk 1% low-fat 	Closed
Jan 14, 2024	Jan 15, 2024	Jan 16, 2024	Jan 17, 2024	Jan 18, 2024	Jan 19, 2024	Jan 20, 2024
Closed	Closed	<ul style="list-style-type: none"> • WGR Cereal • Whole Grain Bread • Oranges (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Cereal • WGR Blueberry Mini Loaf • Pears (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Cereal • Whole Grain Bread • Bananas (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Assorted Yogurt • Honey Oat Granola Bar • Pears (2) • Milk 1% low-fat • Skim Milk 	Closed
Jan 21, 2024	Jan 22, 2024	Jan 23, 2024	Jan 24, 2024	Jan 25, 2024	Jan 26, 2024	Jan 27, 2024
Closed	<ul style="list-style-type: none"> • WGR Cereal • WGR Blueberry Mini Loaf • Pears (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Cereal • Assorted Yogurt • Whole Grain Bread • Bananas (2) • Skim Milk • Milk 1% low-fat 	<ul style="list-style-type: none"> • WGR Cereal • Whole Grain Bread • Oranges (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Cereal • WGR Corn Loaf • Pears (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Cereal • WGR Waffle Grahams • Oranges (2) • Skim Milk • Milk 1% low-fat 	Closed
Jan 28, 2024	Jan 29, 2024	Jan 30, 2024	Jan 31, 2024			
Closed	<ul style="list-style-type: none"> • WGR Cereal • Assorted Yogurt • Whole Grain Bread • Bananas (2) • Skim Milk • Milk 1% low-fat 	<ul style="list-style-type: none"> • WGR Cereal • Whole Grain Bread • Bananas (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Cereal • WGR Blueberry Mini Loaf • Pears (2) • Milk 1% low-fat • Skim Milk 			

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Integration: Teleport HS Lunch - January 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Jan 1, 2024	Jan 2, 2024	Jan 3, 2024	Jan 4, 2024	Jan 5, 2024	Jan 6, 2024
	Closed	<ul style="list-style-type: none"> • Hamburger on a WGR Bun: • Cheese Slice • Potato Wedge • Mixed Vegetables • Oranges (2) • Skim Milk • Milk 1% low-fat 	<ul style="list-style-type: none"> • Turkey • Whole Grain Bread (2) • Broccoli • WGR Cheez-it Crackers • Bananas (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Whole Grain Chicken Fingers • Sweet Potato Fries • WGR Corn Loaf • Fresh Plum (2) • 100% Assorted Fruit Juice • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Macaroni and Cheese • Green Beans • Lima Beans • Whole Grain Bread • Applesauce • Clementine (2) • Milk 1% low-fat • Skim Milk 	Closed
Jan 7, 2024	Jan 8, 2024	Jan 9, 2024	Jan 10, 2024	Jan 11, 2024	Jan 12, 2024	Jan 13, 2024
Closed	<ul style="list-style-type: none"> • Roasted Chicken Thigh • WGR Pasta w/Olive Oil • Green Beans • Pears (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Spaghetti and Meatballs • Broccoli • Whole Grain Bread • Clementine (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Turkey Ham • Whole Grain Bread (2) • Cheese Slice • Green Beans • Wheat Thins • Bananas (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Burger W/ WGR Bun: • Cheese Slice • Tater Tots • Diced Carrots • Fresh Apple • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WW Cheese Pizza • Broccoli • Diced Carrots • Banana • Milk 1% low-fat • Skim Milk 	Closed
Jan 14, 2024	Jan 15, 2024	Jan 16, 2024	Jan 17, 2024	Jan 18, 2024	Jan 19, 2024	Jan 20, 2024
Closed	Closed	<ul style="list-style-type: none"> • Jamaican Beef Patty • Brown Rice and Beans • Corn • Sweet Plantain • Whole Grain Bread • Clementine (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Turkey • Whole Grain Bread (2) • Broccoli • WGR Cheez-it Crackers • Fresh Apple • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Beef Empanada • Brown Rice and Beans • Oriental Blend Vegetables • Whole Grain Bread • Fresh Apple • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WW Cheese Pizza • Broccoli • Three Bean Salad • Orange • Milk 1% low-fat • Skim Milk 	Closed
Jan 21, 2024	Jan 22, 2024	Jan 23, 2024	Jan 24, 2024	Jan 25, 2024	Jan 26, 2024	Jan 27, 2024
Closed	<ul style="list-style-type: none"> • Roasted Chicken Thigh • WGR Pasta w/Olive Oil • Baby Carrots • Sweet Potato Fries • Pears (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Salisbury Steak • Mashed Potatoes • Collard Greens • Whole Grain Bread (2) • Oranges (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Turkey Ham • Whole Grain Bread (2) • Cheese Slice • Green Beans • Wheat Thins • Clementine (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Beef Hot Dog • Mixed Vegetables • Potato Nuggets • WGR Hot Dog Bun • WGR Pasta Salad • Apple • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Oven Fried Chicken • Brown Rice and Beans • Sweet Potato • Pear • Whole Grain Bread • Skim Milk • Milk 1% low-fat 	Closed
Jan 28, 2024	Jan 29, 2024	Jan 30, 2024	Jan 31, 2024			
Closed	<ul style="list-style-type: none"> • Whole Grain Chicken Fingers • Sweet Potato Fries • WGR Corn Loaf • Fresh Plum (2) • Mixed Fruit In 100% Natural Juice • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Hamburger on a WGR Bun: • Cheese Slice • Potato Wedge • Mixed Vegetables • Oranges (2) • Skim Milk • Milk 1% low-fat 	<ul style="list-style-type: none"> • Turkey • Whole Grain Bread (2) • Broccoli • WGR Cheez-it Crackers • Bananas (2) • Milk 1% low-fat • Skim Milk 			

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Integration: Teleport MS Breakfast - January 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Jan 1, 2024	Jan 2, 2024	Jan 3, 2024	Jan 4, 2024	Jan 5, 2024	Jan 6, 2024
	Closed	<ul style="list-style-type: none"> • WGR Cereal • Whole Grain Bread • Bananas (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Cereal • WGR Blueberry Mini Loaf • Pears (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Cereal • WGR Corn Loaf • Pears (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Assorted Yogurt • WGR Granola Bar, Asstd • Pears (2) • Milk 1% low-fat • Skim Milk 	Closed
Jan 7, 2024	Jan 8, 2024	Jan 9, 2024	Jan 10, 2024	Jan 11, 2024	Jan 12, 2024	Jan 13, 2024
Closed	<ul style="list-style-type: none"> • WGR Cereal • WGR Corn Loaf • Pears (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Cereal • Assorted Yogurt • Whole Grain Bread • Bananas (2) • Skim Milk • Milk 1% low-fat 	<ul style="list-style-type: none"> • WGR Cereal • Whole Grain Bread • Oranges (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Cereal • WGR Blueberry Mini Loaf • Pears (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Cereal • WGR Waffle Grahams • Oranges (2) • Skim Milk • Milk 1% low-fat 	Closed
Jan 14, 2024	Jan 15, 2024	Jan 16, 2024	Jan 17, 2024	Jan 18, 2024	Jan 19, 2024	Jan 20, 2024
Closed	Closed	<ul style="list-style-type: none"> • WGR Cereal • Whole Grain Bread • Oranges (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Cereal • WGR Blueberry Mini Loaf • Pears (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Cereal • Whole Grain Bread • Bananas (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Assorted Yogurt • Honey Oat Granola Bar • Pears (2) • Milk 1% low-fat • Skim Milk 	Closed
Jan 21, 2024	Jan 22, 2024	Jan 23, 2024	Jan 24, 2024	Jan 25, 2024	Jan 26, 2024	Jan 27, 2024
Closed	<ul style="list-style-type: none"> • WGR Cereal • WGR Blueberry Mini Loaf • Pears (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Cereal • Assorted Yogurt • Whole Grain Bread • Bananas (2) • Skim Milk • Milk 1% low-fat 	<ul style="list-style-type: none"> • WGR Cereal • Whole Grain Bread • Oranges (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Cereal • WGR Corn Loaf • Pears (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Cereal • WGR Waffle Grahams • Oranges (2) • Skim Milk • Milk 1% low-fat 	Closed
Jan 28, 2024	Jan 29, 2024	Jan 30, 2024	Jan 31, 2024			
Closed	<ul style="list-style-type: none"> • WGR Cereal • Assorted Yogurt • Whole Grain Bread • Bananas (2) • Skim Milk • Milk 1% low-fat 	<ul style="list-style-type: none"> • WGR Cereal • Whole Grain Bread • Bananas (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Cereal • WGR Blueberry Mini Loaf • Pears (2) • Milk 1% low-fat • Skim Milk 			

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Integration: Teleport MS Lunch - January 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Jan 1, 2024	Jan 2, 2024	Jan 3, 2024	Jan 4, 2024	Jan 5, 2024	Jan 6, 2024
	Closed	<ul style="list-style-type: none"> • Hamburger on a WGR Bun: • Cheese Slice • Potato Wedge • Mixed Vegetables • Orange • Skim Milk • Milk 1% low-fat 	<ul style="list-style-type: none"> • Turkey • Whole Grain Bread (2) • Broccoli • WGR Cheez-it Crackers • Bananas (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Whole Grain Chicken Fingers • Sweet Potato Fries • WGR Corn Loaf • Fresh Plum • Skim Milk • Milk 1% low-fat 	<ul style="list-style-type: none"> • WGR Macaroni and Cheese • Green Beans • Whole Grain Bread • Clementine (2) • Skim Milk • Milk 1% low-fat 	Closed
Jan 7, 2024	Jan 8, 2024	Jan 9, 2024	Jan 10, 2024	Jan 11, 2024	Jan 12, 2024	Jan 13, 2024
Closed	<ul style="list-style-type: none"> • Roasted Chicken Thigh • Whole Grain Pasta • Green Beans • Pear • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Spaghetti and Meatballs • Broccoli • Whole Grain Bread • Clementine (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Turkey Ham • Whole Grain Bread (2) • Cheese Slice • Green Beans • Wheat Thins • Bananas (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Burger W/ WGR Bun: • Cheese Slice • Tater Tots • Fresh Apple • Skim Milk • Milk 1% low-fat 	<ul style="list-style-type: none"> • WW Cheese Pizza • Broccoli • Banana • Milk 1% low-fat • Skim Milk 	Closed
Jan 14, 2024	Jan 15, 2024	Jan 16, 2024	Jan 17, 2024	Jan 18, 2024	Jan 19, 2024	Jan 20, 2024
Closed	Closed	<ul style="list-style-type: none"> • Jamaican Beef Patty • Green Beans • Whole Grain Bread • Clementine (2) • Skim Milk • Milk 1% low-fat 	<ul style="list-style-type: none"> • Turkey • Whole Grain Bread (2) • Broccoli • WGR Cheez-it Crackers • Bananas (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Beef Empanada • Brown Rice and Beans • Oriental Blend Vegetables • Apple • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WW Cheese Pizza • Broccoli • Orange • Milk 1% low-fat • Skim Milk 	Closed
Jan 21, 2024	Jan 22, 2024	Jan 23, 2024	Jan 24, 2024	Jan 25, 2024	Jan 26, 2024	Jan 27, 2024
Closed	<ul style="list-style-type: none"> • Roasted Chicken Thigh • WGR Pasta w/Olive Oil • Baby Carrots • Pear • Whole Grain Bread • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Salisbury Steak • Mashed Potatoes • Collard Greens • Whole Grain Bread • Orange • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Turkey Ham • Whole Grain Bread (2) • Cheese Slice • Green Beans • Wheat Thins • Bananas (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Beef Hot Dog • Mixed Vegetables • Potato Nuggets • WGR Hot Dog Bun • Apple • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Oven Fried Chicken • Brown Rice and Beans • Sweet Potato • Pear • Whole Grain Bread • Skim Milk • Milk 1% low-fat 	Closed
Jan 28, 2024	Jan 29, 2024	Jan 30, 2024	Jan 31, 2024			
Closed	<ul style="list-style-type: none"> • Whole Grain Chicken Fingers • Sweet Potato Fries • WGR Corn Loaf • Fresh Plum (2) • Skim Milk • Milk 1% low-fat 	<ul style="list-style-type: none"> • Hamburger on a WGR Bun: • Cheese Slice • Potato Wedge • Mixed Vegetables • Orange • Skim Milk • Milk 1% low-fat 	<ul style="list-style-type: none"> • Turkey • Whole Grain Bread (2) • Broccoli • WGR Cheez-it Crackers • Bananas (2) • Milk 1% low-fat • Skim Milk 			

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