



Integration: South HS Breakfast - March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Mar 1, 2024 <ul style="list-style-type: none"> Assorted Yogurt WGR Granola Bar, Asstd Pears (2) Milk 1% low-fat Skim Milk 	Mar 2, 2024 Closed
Mar 3, 2024	Mar 4, 2024	Mar 5, 2024	Mar 6, 2024	Mar 7, 2024	Mar 8, 2024	Mar 9, 2024
Closed	<ul style="list-style-type: none"> WGR Cereal WGR Corn Loaf Pears (2) Milk 1% low-fat Skim Milk 	<ul style="list-style-type: none"> WGR Cereal Assorted Yogurt Whole Grain Bread Bananas (2) Skim Milk Milk 1% low-fat 	<ul style="list-style-type: none"> WGR Cereal Whole Grain Bread Oranges (2) Milk 1% low-fat Skim Milk 	<ul style="list-style-type: none"> WGR Cereal WGR Blueberry Mini Loaf Pears (2) Milk 1% low-fat Skim Milk 	<ul style="list-style-type: none"> WGR Cereal WGR Waffle Grahams Oranges (2) Skim Milk Milk 1% low-fat 	Closed
Mar 10, 2024	Mar 11, 2024	Mar 12, 2024	Mar 13, 2024	Mar 14, 2024	Mar 15, 2024	Mar 16, 2024
Closed	<ul style="list-style-type: none"> WGR Cereal Assorted Yogurt Whole Grain Bread Bananas (2) Skim Milk Milk 1% low-fat 	<ul style="list-style-type: none"> WGR Cereal Whole Grain Bread Oranges (2) Milk 1% low-fat Skim Milk 	Closed	<ul style="list-style-type: none"> WGR Cereal Whole Grain Bread Bananas (2) Milk 1% low-fat Skim Milk 	<ul style="list-style-type: none"> Assorted Yogurt Honey Oat Granola Bar Pears (2) Milk 1% low-fat Skim Milk 	Closed
Mar 17, 2024	Mar 18, 2024	Mar 19, 2024	Mar 20, 2024	Mar 21, 2024	Mar 22, 2024	Mar 23, 2024
Closed	<ul style="list-style-type: none"> WGR Cereal WGR Blueberry Mini Loaf Pears (2) Milk 1% low-fat Skim Milk 	<ul style="list-style-type: none"> WGR Cereal Assorted Yogurt Whole Grain Bread Bananas (2) Skim Milk Milk 1% low-fat 	<ul style="list-style-type: none"> WGR Cereal Whole Grain Bread Oranges (2) Milk 1% low-fat Skim Milk 	<ul style="list-style-type: none"> WGR Cereal WGR Corn Loaf Pears (2) Milk 1% low-fat Skim Milk 	<ul style="list-style-type: none"> WGR Cereal WGR Waffle Grahams Oranges (2) Skim Milk Milk 1% low-fat 	Closed
Mar 24, 2024	Mar 25, 2024	Mar 26, 2024	Mar 27, 2024	Mar 28, 2024	Mar 29, 2024	Mar 30, 2024
Closed	<ul style="list-style-type: none"> WGR Cereal Assorted Yogurt Whole Grain Bread Bananas (2) Skim Milk Milk 1% low-fat 	<ul style="list-style-type: none"> WGR Cereal Whole Grain Bread Bananas (2) Milk 1% low-fat Skim Milk 	<ul style="list-style-type: none"> WGR Cereal WGR Blueberry Mini Loaf Pears (2) Milk 1% low-fat Skim Milk 	<ul style="list-style-type: none"> WGR Cereal WGR Corn Loaf Pears (2) Milk 1% low-fat Skim Milk 	Closed	Closed
Mar 31, 2024						
Closed						

This institution is an equal opportunity provider.



Integration: South HS Lunch - March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Mar 1, 2024	Mar 2, 2024
					<ul style="list-style-type: none"> • WGR Macaroni and Cheese • Green Beans • Lima Beans • Whole Grain Bread • Applesauce • Clementine (2) • Milk 1% low-fat • Skim Milk 	Closed
Mar 3, 2024	Mar 4, 2024	Mar 5, 2024	Mar 6, 2024	Mar 7, 2024	Mar 8, 2024	Mar 9, 2024
Closed	<ul style="list-style-type: none"> • Roasted Chicken Thigh • WGR Pasta w/Olive Oil • Green Beans • Pears (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WGR Spaghetti and Meatballs • Broccoli • Whole Grain Bread • Clementine (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Turkey Ham • Whole Grain Bread (2) • Cheese Slice • Green Beans • Wheat Thins • Bananas (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Burger W/ WGR Bun: • Cheese Slice • Tater Tots • Diced Carrots • Fresh Apple • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WW Cheese Pizza • Broccoli • Diced Carrots • Banana • Milk 1% low-fat • Skim Milk 	Closed
Mar 10, 2024	Mar 11, 2024	Mar 12, 2024	Mar 13, 2024	Mar 14, 2024	Mar 15, 2024	Mar 16, 2024
Closed	<ul style="list-style-type: none"> • Whole Grain Chicken Fingers • Brown Rice and Beans • Sweet Potato Fries • Whole Grain Bread • Pear • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Jamaican Beef Patty • Brown Rice and Beans • Corn • Sweet Plantain • Whole Grain Bread • Clementine (2) • Milk 1% low-fat • Skim Milk 	Closed	<ul style="list-style-type: none"> • Beef Empanada • Brown Rice and Beans • Oriental Blend Vegetables • Whole Grain Bread • Fresh Apple • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • WW Cheese Pizza • Broccoli • Three Bean Salad • Orange • Milk 1% low-fat • Skim Milk 	Closed
Mar 17, 2024	Mar 18, 2024	Mar 19, 2024	Mar 20, 2024	Mar 21, 2024	Mar 22, 2024	Mar 23, 2024
Closed	<ul style="list-style-type: none"> • Roasted Chicken Thigh • WGR Pasta w/Olive Oil • Baby Carrots • Sweet Potato Fries • Pears (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Salisbury Steak • Mashed Potatoes • Collard Greens • Whole Grain Bread (2) • Oranges (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Turkey Ham • Whole Grain Bread (2) • Cheese Slice • Green Beans • Wheat Thins • Clementine (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Beef Hot Dog • Mixed Vegetables • Potato Nuggets • WGR Hot Dog Bun • WGR Pasta Salad • Apple • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Oven Fried Chicken • Brown Rice and Beans • Sweet Potato • Pear • Whole Grain Bread • Skim Milk • Milk 1% low-fat 	Closed
Mar 24, 2024	Mar 25, 2024	Mar 26, 2024	Mar 27, 2024	Mar 28, 2024	Mar 29, 2024	Mar 30, 2024
Closed	<ul style="list-style-type: none"> • Whole Grain Chicken Fingers • Sweet Potato Fries • WGR Corn Loaf • Fresh Plum (2) • Mixed Fruit In 100% Natural Juice • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Hamburger on a WGR Bun: • Cheese Slice • Potato Wedge • Mixed Vegetables • Oranges (2) • Skim Milk • Milk 1% low-fat 	<ul style="list-style-type: none"> • Turkey • Whole Grain Bread (2) • Broccoli • WGR Cheez-it Crackers • Bananas (2) • Milk 1% low-fat • Skim Milk 	<ul style="list-style-type: none"> • Beef WGR Soft Tacos (2) • Pinto Beans • Mixed Vegetables • Spanish Rice • Oranges (2) • Milk 1% low-fat • Skim Milk 	Closed	Closed
Mar 31, 2024						
Closed						

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